

C.A. HELPLINE

The Helpline is always looking for committed volunteers. If you have 12 months clean time and have worked the 12 steps, it is a very rewarding a fulfilling commitment.

It is an opportunity to reach out to addicts who are very often at the jumping off point, share your experience and offer them hope that there is a solution. Many of us in the fellowship found the rooms through the helpline!

There are several ways in which you can be of service:-

Full time shift

4 hours in duration and the slots are 10:00 – 14:00, 14:00 – 18:00 & 18:00 – 22:00. It is now possible to carry out the shift using a mobile phone.

Floater List

You will be put onto an email loop and informed of any shifts that require cover for holidays etc, this is also a waiting list for those looking for a full time commitment.

12 Step List

There are many areas across the country where there are as yet no meetings of CA, at present we direct these callers to the on line meetings. If you are willing to speak to these people, more at length than we are able to do on the helpline, your name and number will be put onto a list which is forwarded to the full time volunteers.

Your number will not be given out over the telephone, the volunteer will call you and ask if you are available to speak to a new comer, where upon you will be given the callers number to phone.

If you are available to offer any service, please email the helpline at **helpline@cauk.org.uk**.